



Lifestyle

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SUPERSTAR BASKETBALL LEAGUE
www.superstarbasketball.org

AUGUST 27, 2006

WEEK 4

GAME OF THE WEEK - 12 p.m. FOUNDATION (2-1) VS. OUTKAST (1-1)

N.H.S., WEST COVINA -- For now, the party is over. Foundation is still recovering from that nasty hangover that is Game Breakers from last week. They were willing to go the distance in the first half but they were obviously outpaced in the second half. Team Outkast will likely have their full squad which is bad news for Foundation because they have yet to play with their full roster.

Alfred Flores scored a season low 14 points last week after scoring 48 points for the first 2 games of the season. Brian Buenaventura is the current assists leader and he has been playing an all around game. He plays aggressive and looks to pass before driving in the lane. Carlos Guzman played hard but needs a lot of conditioning after coming back from Mexico. The only way Foundation will win is if they decide to rest up so that their legs are so fresh, so clean.

Brian Lumbreras had a monster rebounding game last week with 15 rebounds. The leader of the team is an Allstar candidate and looks to lead his team to the promise land. Allen Medina was a close 2nd place for Player of the Week with 21 points and there's no slowing his game down. We hate to admit it but the show that SG #8 EJ Nepomuceno put on last week was only the beginning. He got the first "T" of the season and even yelled out Kobe's patented "EYYYY" on his way to getting fouled to the basket. His teammate Anthony Palacol repeatedly requested to play "The Kobe Song" (Quincy Jones - Ironside) everytime EJ scored. Let's see how they react when we que the Filipino classic - "Otso-Otso" by Bayani Agbayani. EJ's number one fan had a quiet game last week so look for him to go "Bombs over Baghdad" on team Foundation.

Notable Matchups: Lalo Arroyo vs. Brian Lumbreras. Two of the best rebounders in the league. Brian looks like he's out of his prime while Lalo is entering his prime. If you want to see how Brian looked in his best playing days, just look at Lalo. He has the skills to rebound, block, score, pass, and flaunts the same game Brian used to have.

STANDINGS

DYNASTY 2-1
FOUNDATION 2-1
GAME BREAKERS 2-0
TEAM OUTKAST 1-1
NATURAL BORN THRILLERS 0-3
SO CAL 1-2

NEXT SEASON

Sign ups for next season begin on September 3. More teams, more competition, same standard. We will unleash new features for next season and a new site design will be implemented once season is over. The sooner you sign up, the lower the cost is.

New Features:

- Be A Superstar Legend Mode
- 2 Divisions (Competitive and Recreation)
- Site Design (The New Frontier)

COMMISH'S CORNER

1. The success of the League relies on the contributions that WE are willing to contribute. From the smallest things... making suggestions, designing logos, correcting my spelling to taking pictures, working stats/time, and so forth... I want to thank ALL of you for making this run smoothly so far.

2. The stats aren't accurate, I know I know. Everything is linked up and some data was entered incorrectly. I'll finally have the time to sit down and correct these issues this week and I'm giving myself a deadline. Until then, sit back and relax because all the stats will be accurate

PLAYER OF THE WEEK

OMAR BAGATLING
15 POINTS (5 three pointers)
3 ASSISTS
3 REBOUNDS

Game 1

Dynasty (2-1) vs. So Cal (1-2)

11 a.m.

Team Captain Albert Bustos continues to insist that there is no internal strife in Dynasty. If you read the message boards on Myspace or you have any idea of the locker room talk that goes on at L.A. Fitness, then you will know what the real deal is.

Dynasty should have an easy game against So Cal. Although they won heavily in their first 2 games they have yet to prove that they can beat a veteran team such as Outkast or Game Breakers. Giving them the benefit of the doubt, Isaac Chua (18 rebounds last week) was hobbled by a knee injury and they played without 3 of their starters (Dominic, Josh, Damien). This is the first season this group has played together and they cannot let one loss tear team apart. Losing is a learning experience and Dynasty cannot self implode otherwise, they might as well stick to playing pick up ball at L.A. Fitness.

So Cal is coming off their first win of the season. You would expect these guys to be content with one victory but I assure you that they will be looking for a major upset. They proved that they can play and this season will be a great learning experience for these guys. They're not as athletic or as intimidating as the other teams but this team hustles, never complains, and aren't the prima-donnas that Dynasty has become. Even on a recent Myspace exchange, Ray of So Cal had this to say. "So Cal is looking for revenge but I ain't gonna shoot my mouth off so good luck and may the better team win." Can we all gather and let out a collective, "OOooooOOHHH!!!"

Notable Matchups: Albert Bustos vs. Jonash Salvador. The last time these two met, Jonash repeatedly beat The Cap off the dribble and scored a team high, 16 points. Albert, the outspoken leader that he is, repeatedly said that was a fluke and that will never ever happen again. Look for Jonash to let his game do the talking before he shoots his mouth off. "Ooooooh!!!"

MYSPACE

[NOIZE]

Posted by Albert Bustos on Friday, August 25, 2006 at 8:52 AM

Jonash, you're mine! hahaha, just kidding man. Actually, the commish should bring out some hoes, that would make, Jonash, Albert and the rest of the squads happy. that will be for year two. By the way, Luke said, if Jonash can do it, I can too. look for Luke to jack up 300 shots....the first quarter. Just kidding man. Superstar Basketball.org (SSB) it's FAAAAAN tastic. Commish, we ever going to make a commercial?

Posted by Ray on Friday, August 25, 2006 at 8:28 PM

what I said was kinda blown out of context...so there's no sh*t talking going on.

Game 3

Game Breakers (2-0) vs. Natural Born Thrillers (0-3)

1 p.m.

Game Breakers proved last week that they are a legitimate threat against the elite teams. Their anticipated match up with Dynasty is a game to look forward to. Will N.B.T. catch them sleeping? Probably not.

Reigning Player of the Week Omar 'Big-guy-dialing' Bagatling thrilled the crowd when he dialed 5 from long distance last week. Let's see how he thrills the crowd this week. Jason York doesn't seem the type to have compassion against teams that are less talented. Look for him to bully and pad his stats this week.

Natural Born Thrillers are big underdogs going into this game. Whether Game Breakers take this game seriously or they give Natural Born Thrillers a thrill in keeping the game close, it's almost guaranteed that they will win without effort. It's true that some of us play in the league to have a chance at winning a championship. Others say they just want to have fun. Whatever the reason, N.B.T. gives us the inspiration to start our very own "Recreational Division." A fun division where we can play for fun and not take the game so seriously. A place where we can be merry, hold hands, not worry about competition because after all, we are in this to have fun. Fun Fun Fun.

Notable Matchups: Game Breakers vs. Game Breakers. 'Nuff said.

QUICK REMINDER

PLEASE FILL OUT THE FOLLOWING HANDOUT. THESE ROSTERS ARE UPDATED W/ A NEW LAYOUT ON THE SITE AND WILL BE USED PERMANENTLY. IT'S A ONE TIME SETUP PER TEAM UNLESS THERE ARE ANY CHANGES SO PLEASE MAKE SURE THEY ARE ACCURATE.

NO GAMES NEXT WEEK!! PLEASE CHECK THE WEBSITE!